


# The Yoga of Abundance

manifesting wealth in your life  
with Leza Lowitz



Money, like everything else in the universe, is a form of energy. It has certain spiritual laws of flow. What is your attitude towards money? Where does it come from? Do you give yourself permission to have abundance? How do you approach giving and receiving? Do you love what you do? Does something always seem to stop you from pursuing your dreams ?

This workshop will open you up to abundance in many forms, helping you to understand and transform your relationship to money and flow. Ultimately you will be guided to find your life's work and realize your natural state of abundance.

In this workshop, we will use:

- Guided meditation
- Journaling
- Manifesting techniques
- Partner work
- Magnetizing techniques & more

Before the workshop, consider what you really want in your life and make a resolution (sankalpa) to invite it into your life. Resolve to overcome the obstacles—both inner and outer—that prevent you from fully realizing your potential. If you have been looking for a way to expand your power and potential, this special workshop is for you.

Course Cost: 20,000 yen.

Please register by phone, in-person, or by email. Please include your full name & phone number. Workshop is in English with Japanese interpretation by Kaeko Yasuda.

[www.sunandmoon.jp](http://www.sunandmoon.jp)

Thursday April 29th, 2010

SUN & MOON YOGA , 10am-5pm

(03) 3280-6383 [yoga@lezalowitz.com](mailto:yoga@lezalowitz.com)